

# CAMP. REG. DI CATEGORIA NUOTO DI FONDO INDOOR V. 50m

## Risultati

| POS | COGNOME E NOME<br>SOCIETA' | ANNO NAZ | 500m | 1000m | 1500 m | 2000 m | 2500 m | ARRIVO |
|-----|----------------------------|----------|------|-------|--------|--------|--------|--------|
|-----|----------------------------|----------|------|-------|--------|--------|--------|--------|

01/02/2020 - 17:00

### 3000 m Stile Libero - RAGAZZI FEMMINE

#### RAF

|    |  |      |     |        |         |         |         |         |                |
|----|--|------|-----|--------|---------|---------|---------|---------|----------------|
| 1  | <b>LITTARRU Alice</b><br>Promogest Coop - Cagliari     | 2006 | ITA | 6'09.5 | 12'29.8 | 18'52.0 | 25'17.5 | 31'41.8 | <b>38'00.5</b> |
| 2  | <b>MARONGIU Virna</b><br>Promogest Coop - Cagliari     | 2006 | ITA | 6'20.6 | 12'44.9 | 19'13.2 | 25'40.1 | 32'11.4 | <b>38'41.5</b> |
| 3  | <b>GIACALONE Emanuela</b><br>Promogest Coop - Cagliari | 2006 | ITA | 6'23.1 | 12'47.5 | 19'15.9 | 25'42.5 | 32'14.8 | <b>38'43.6</b> |
| 4  | <b>SANNA Margherita</b><br>Esperia asd - Cagliari      | 2006 | ITA | 6'35.2 | 13'12.8 | 19'49.5 | 26'28.1 | 33'02.1 | <b>39'30.8</b> |
| 5  | <b>MOCCI Eleonora</b><br>Esperia asd - Cagliari        | 2006 | ITA | 6'36.0 | 13'19.6 | 20'06.1 | 26'54.6 | 33'40.4 | <b>40'23.9</b> |
| 6  | <b>ARGIOLAS Beatrice</b><br>Esperia asd - Cagliari     | 2007 | ITA | 6'42.7 | 13'26.5 | 20'14.6 | 27'04.5 | 33'58.9 | <b>40'44.7</b> |
| 7  | <b>BARONTINI Iris</b><br>Acqua Sport ssd - Cagliari    | 2006 | ITA | 6'28.1 | 13'18.9 | 20'16.1 | 27'08.1 | 34'04.1 | <b>40'58.7</b> |
| 8  | <b>UTZERI Sofia</b><br>Acqua Sport ssd - Cagliari      | 2006 | ITA | 6'41.8 | 13'37.7 | 20'37.5 | 27'45.4 | 34'58.8 | <b>41'59.6</b> |
| 9  | <b>SABA Giulia</b><br>Acqua Sport ssd - Cagliari       | 2007 | ITA | 6'47.8 | 13'45.4 | 20'46.5 | 27'55.5 | 35'03.7 | <b>42'01.3</b> |
| 10 | <b>SPALLINA Elisabetta</b><br>Rari Nantes Cagliari asd | 2007 | ITA | 6'51.8 | 13'47.9 | 20'58.5 | 28'06.9 | 35'12.8 | <b>42'10.7</b> |
| 11 | <b>ORANI Federica</b><br>Esperia asd - Cagliari        | 2007 | ITA | 6'57.8 | 14'09.4 | 21'23.7 | 28'31.7 | 35'46.2 | <b>42'58.6</b> |

NON CLASSIFICATI

**CAPRA AGOSTINI Chiara**

2007 ITA Esperia asd - Cagliari

**ASS**

**Publicata: 04/02/2020 ore 10:27**

# CAMP. REG. DI CATEGORIA NUOTO DI FONDO INDOOR

## V. 50m

### Risultati

| POS   | COGNOME E NOME<br>SOCIETA'                                    | ANNO NAZ | 500m   | 1000m   | 1500 m  | 2000 m  | 2500 m  | ARRIVO         |
|---|---|----------|--------|---------|---------|---------|---------|----------------|
| <b>01/02/2020</b>                           |   |          |        |         |         |         |         |                |
| <b>3000 m Stile Libero - RAGAZZI MASCHI</b> |   |          |        |         |         |         |         |                |
| <b>RAGAZZI MASCHI 2004</b>                  |   |          |        |         |         |         |         |                |
| 1   | <b>FENUCCIU Francesco</b><br>Promogest Coop - Cagliari        | 2004 ITA | 5'34.0 | 11'14.1 | 16'56.0 | 22'38.1 | 28'20.7 | <b>33'59.7</b> |
| 2   | <b>CABULA Francesco</b><br>Acqua Sport ssd - Cagliari         | 2004 ITA | 5'34.0 | 11'13.6 | 16'55.4 | 22'38.4 | 28'24.0 | <b>34'09.4</b> |
| 3   | <b>VRDIS Riccardo</b><br>Atlantide ssd - Elmas                | 2004 ITA | 5'35.3 | 11'23.7 | 17'14.7 | 23'13.0 | 29'09.8 | <b>35'03.0</b> |
| 4   | <b>SOI Claudio</b><br>Esperia asd - Cagliari                  | 2004 ITA | 5'44.6 | 11'38.1 | 17'31.5 | 23'25.4 | 29'19.7 | <b>35'12.7</b> |
| 5   | <b>RANDINE Andrea</b><br>Sport Full Time - Sassari            | 2004 ITA | 5'56.4 | 11'54.0 | 17'52.4 | 23'54.5 | 29'53.8 | <b>35'53.4</b> |
| 6   | <b>COLANERI Daniele</b><br>ssd. Antares - Iglesias            | 2004 ITA | 6'04.8 | 12'20.7 | 18'36.6 | 24'53.8 | 31'19.0 | <b>37'34.5</b> |
| 7   | <b>TIMPERI Riccardo</b><br>Acqua Sport ssd - Cagliari         | 2004 ITA | 5'50.4 | 11'55.0 | 18'20.8 | 24'50.4 | 31'26.8 | <b>37'59.5</b> |
| 8   | <b>PORCU Matteo</b><br>Acqua Sport ssd - Cagliari             | 2004 ITA | 6'11.0 | 12'32.6 | 18'58.2 | 25'27.0 | 31'59.3 | <b>38'29.5</b> |
| 9   | <b>ANGIONI Piero</b><br>Pol. Ferrini - Cagliari               | 2004 ITA | 6'12.5 | 12'27.9 | 19'02.9 | 25'35.8 | 32'06.5 | <b>38'31.2</b> |
| 10  | <b>IACCARINO Giuseppe</b><br>Rari Nantes Cagliari asd         | 2004 ITA | 6'21.1 | 12'49.1 | 19'20.8 | 25'51.4 | 32'19.2 | <b>38'36.8</b> |
| 11  | <b>BALDUSSU Nicola</b><br>Pol. Ferrini - Cagliari             | 2004 ITA | 6'32.3 | 13'08.2 | 19'46.3 | 26'26.7 | 32'08.6 | <b>39'50.0</b> |
| <b>RAGAZZI MASCHI 05-06</b>                 |   |          |        |         |         |         |         |                |
| 1   | <b>MARONGIU Giovanni</b><br>Sport Full Time - Sassari         | 2005 ITA | 5'53.0 | 11'47.0 | 17'38.2 | 23'30.6 | 29'23.6 | <b>35'14.5</b> |
| 2   | <b>CELLI Alessandro</b><br>Esperia asd - Cagliari             | 2005 ITA | 6'02.6 | 12'09.8 | 18'21.4 | 24'33.8 | 30'40.4 | <b>36'40.7</b> |
| 3   | <b>RICUPERATO Gabriele</b><br>Acqua Sport ssd - Cagliari      | 2005 ITA | 5'50.4 | 11'48.9 | 17'11.6 | 23'12.4 | 29'06.6 | <b>36'00.3</b> |
| 4   | <b>DE AGOSTINI Leonardo</b><br>Esperia asd - Cagliari         | 2005 ITA | 6'12.2 | 12'26.8 | 18'39.0 | 24'46.5 | 30'54.0 | <b>36'58.4</b> |
| 5   | <b>CASULA Alessandro</b><br>ssd. Antares - Iglesias           | 2006 ITA | 5'56.3 | 12'05.2 | 18'22.3 | 24'45.5 | 31'00.8 | <b>37'25.0</b> |
| 6   | <b>CINCOTTI Mattia</b><br>ssd. Antares - Iglesias             | 2005 ITA | 6'03.8 | 12'18.4 | 18'36.6 | 24'53.8 | 31'19.4 | <b>37'36.8</b> |
| 7   | <b>LUGAS Matteo</b><br>Acqua Sport ssd - Cagliari             | 2006 ITA | 6'14.8 | 12'32.6 | 18'52.2 | 25'19.2 | 31'38.8 | <b>37'56.1</b> |
| 8   | <b>DESOGUS Matteo</b><br>Acqua Sport ssd - Cagliari           | 2006 ITA | 6'11.2 | 12'32.4 | 18'50.4 | 25'15.8 | 31'43.8 | <b>38'01.4</b> |
| 9   | <b>NIOI Gabriele</b><br>Acqua Sport ssd - Cagliari            | 2005 ITA | 6'09.0 | 12'28.4 | 18'48.2 | 25'09.9 | 31'33.9 | <b>38'04.4</b> |
| 10  | <b>MEI Federico</b><br>Acqua Sport ssd - Cagliari             | 2005 ITA | 6'09.8 | 12'37.0 | 19'00.6 | 25'41.7 | 31'52.7 | <b>38'13.5</b> |
| 11  | <b>FRAU Giacomo</b><br>Atlantide ssd - Elmas                  | 2006 ITA | 6'18.8 | 12'42.6 | 19'08.0 | 25'32.1 | 31'57.3 | <b>38'17.5</b> |
| 12  | <b>PUZANOV Aleksandr Andrey</b><br>Acqua Sport ssd - Cagliari | 2005 ITA | 6'11.1 | 12'30.4 | 18'48.6 | 25'12.0 | 31'43.7 | <b>38'22.2</b> |
| 13  | <b>CAREDDA Thomas</b><br>ssd. Antares - Iglesias              | 2006 ITA | 6'27.0 | 13'02.5 | 19'37.6 | 26'17.5 | 32'55.0 | <b>39'27.4</b> |
| 14  | <b>CASULA Andrea</b><br>Acqua Sport ssd - Cagliari            | 2006 ITA | 6'26.0 | 13'00.8 | 19'39.9 | 26'34.0 | 33'26.1 | <b>40'35.3</b> |
| 15  | <b>PIGA Samuele</b><br>Esperia asd - Cagliari                 | 2006 ITA | 6'33.6 | 13'18.0 | 20'02.1 | 26'58.2 | 33'55.8 | <b>40'51.6</b> |
| 16  | <b>TUVERI Alessandro</b><br>Esperia asd - Cagliari            | 2006 ITA | 6'35.6 | 13'08.0 | 20'09.0 | 27'03.5 | 34'00.5 | <b>41'05.4</b> |
| 17  | <b>SORRENTINO Andrea</b><br>Esperia asd - Cagliari            | 2006 ITA | 6'42.7 | 13'45.4 | 20'55.4 | 27'59.9 | 34'59.4 | <b>42'12.5</b> |
| 18  | <b>FLORIS Alessandro</b><br>Esperia asd - Cagliari            | 2006 ITA | 7'08.8 | 14'25.7 | 21'45.8 | 29'11.6 | 36'39.6 | <b>43'54.2</b> |
| NON CLASSIFICATI                            |   |          |        |         |         |         |         |                |
|   | <b>CABRAS Federico</b><br>Esperia asd - Cagliari              | 2005 ITA | 6'23.8 | 12'56.3 | 19'27.4 | 26'03.4 | 32'41.2 | <b>SQ</b>      |
|   | <i>Nuotata irregolare (39'52.0)</i>                           |          |        | 6'32.5  | 6'31.1  | 6'36.0  | 6'37.8  | 7'10.8         |

Publicata: 04/02/2020 ore 12:44

# CAMP. REG. DI CATEGORIA NUOTO DI FONDO INDOOR V. 50m

## Risultati

| POS   | COGNOME E NOME<br>SOCIETA'                               | ANNO NAZ | 500m                       | 1000m                                  | 1500 m                                 | 2000 m                                 | 2500 m                                  | ARRIVO                     |
|---|--|----------|----------------------------|--|--|--|---|----------------------------|
|   |  |          |                            | 3000 m                                 | 3500 m                                 | 4000 m                                 | 4500 m                                  |                            |
| <b>5000 m Stile Libero - ASSOLUTI FEMMINE</b> |  |          |                            |  |  |  |   |                            |
| <b>JUF</b>                                    |  |          |                            |  |  |  |   |                            |
| 1   | <b>IANNIELLO Francesca</b><br>Acqua Sport ssd - Cagliari | 2005 ITA | 6'04.7                     | 12'20.2<br>6'15.5<br>37'28.5           | 18'36.1<br>6'15.9<br>43'54.0           | 24'51.5<br>6'15.4<br>50'24.6           | 31'11.4<br>6'19.9<br>56'58.5            | <b>1:03'39.8</b><br>6'41.3 |
| 2   | <b>STRAZZERA Letizia</b><br>Esperia asd - Cagliari       | 2004 ITA | 6'09.5                     | 12'33.0<br>6'17.1<br>6'23.5<br>39'11.3 | 19'01.8<br>6'25.5<br>6'28.8<br>46'05.6 | 25'39.5<br>6'30.6<br>6'37.7<br>52'58.1 | 32'25.1<br>6'33.9<br>6'45.6<br>59'46.2  | <b>1:06'19.6</b><br>6'33.4 |
| 3   | <b>MALLUS Alessia</b><br>Rari Nantes Cagliari asd        | 2005 ITA | 6'16.5                     | 12'47.0<br>6'46.2<br>6'30.5<br>39'50.1 | 19'27.2<br>6'54.3<br>6'40.2<br>46'38.3 | 26'13.0<br>6'52.5<br>6'45.8<br>53'21.2 | 33'04.1<br>6'51.1<br>6'51.1<br>:00'11.4 | <b>1:06'51.1</b><br>6'39.7 |
| 4   | <b>LOCCI Melania</b><br>Atlantide ssd - Elmas            | 2005 ITA | 6'24.0                     | 13'01.4<br>6'46.0<br>6'37.4<br>40'04.6 | 19'41.6<br>6'48.2<br>6'40.2<br>47'00.6 | 26'24.8<br>6'42.9<br>6'43.2<br>54'00.4 | 33'12.9<br>6'50.2<br>6'48.1<br>:00'58.6 | <b>1:08'04.4</b><br>7'05.8 |
| 5   | <b>NIEDDU Isabella</b><br>Promogest Coop - Cagliari      | 2005 ITA | 6'27.7                     | 13'04.5<br>6'51.7<br>6'36.8<br>40'18.6 | 19'49.4<br>6'56.0<br>6'44.9<br>47'17.1 | 26'34.8<br>6'59.8<br>6'45.4<br>54'15.7 | 33'27.3<br>6'58.2<br>6'52.5<br>:01'12.8 | <b>1:08'13.4</b><br>7'00.6 |
| 6   | <b>D'ALBERTO Eleonora</b><br>Rari Nantes Cagliari asd    | 2004 ITA | 6'24.8                     | 13'03.7<br>6'51.3<br>6'38.9<br>40'46.9 | 19'54.7<br>6'58.5<br>6'51.0<br>47'48.9 | 26'48.1<br>6'58.6<br>6'53.4<br>54'35.4 | 33'45.5<br>6'57.1<br>6'57.4<br>:01'27.1 | <b>1:08'25.3</b><br>6'58.2 |
| 7   | <b>SENSI Alessandra</b><br>Rari Nantes Cagliari asd      | 2004 ITA | 6'21.2                     | 13'03.7<br>7'01.4<br>6'42.5<br>40'46.9 | 19'54.7<br>7'02.0<br>6'51.0<br>49'13.5 | 26'48.1<br>6'46.5<br>6'53.4<br>54'46.7 | 33'45.5<br>6'51.7<br>6'57.4<br>:02'06.4 | <b>1:09'19.0</b><br>7'12.6 |
| 8   | <b>DEMURU Sara</b><br>Acqua Sport ssd - Cagliari         | 2005 ITA | 6'36.8                     | 13'30.1<br>7'01.4<br>6'53.3<br>41'57.4 | 20'31.8<br>8'26.6<br>7'01.7<br>49'16.1 | 27'34.9<br>5'33.2<br>7'03.1<br>56'38.9 | 34'45.8<br>7'19.7<br>7'10.9<br>:04'04.1 | <b>1:11'19.4</b><br>7'15.3 |
| 9   | <b>ATZORI Emma</b><br>Rari Nantes Cagliari asd           | 2005 ITA | 6'49.4                     | 14'01.5<br>7'11.6<br>7'12.1<br>44'27.7 | 21'25.0<br>7'18.7<br>7'23.5<br>52'11.1 | 29'00.0<br>7'22.8<br>7'35.0<br>59'56.0 | 36'40.0<br>7'25.2<br>7'40.0<br>:07'35.8 | <b>1:14'55.7</b><br>7'19.9 |
|   | <b>NON CLASSIFICATI</b><br><b>CARDIA Sara</b>            | 2005 ITA | Acqua Sport ssd - Cagliari |  |  |  |   | <b>RIT</b>                 |

Publicata: 04/02/2020 ore 13:31

# CAMP. REG. DI CATEGORIA NUOTO DI FONDO INDOOR V. 50m

## Risultati

| POS   | COGNOME E NOME<br>SOCIETA'                                   | ANNO NAZ | 500m   | 1000m<br>3000 m                        | 1500 m<br>3500 m                       | 2000 m<br>4000 m                       | 2500 m<br>4500 m                        | ARRIVO                     |
|---|--|----------|--------|--|--|--|---|----------------------------|
| <b>01/02/2020 5000 m Stile Libero - ASSOLUTI MASCHI</b> |  |          |        |  |  |  |   |                            |
| <b>ASM</b>  |  |          |        |  |  |  |   |                            |
| 1   | <b>SORRENTINO Corrado</b><br>Atlantide ssd - Elmas           | 1974 ITA | 6'15.8 | 12'37.3<br>6'21.5<br>38'26.3<br>6'31.3 | 19'02.0<br>6'24.7<br>44'58.4<br>6'32.1 | 25'27.1<br>6'25.1<br>51'27.8<br>6'29.4 | 31'55.0<br>6'27.9<br>58'00.5<br>6'32.7  | <b>1:04'26.5</b><br>6'26.0 |
| <b>CAM</b>  |  |          |        |  |  |  |   |                            |
| 1   | <b>GERINA Christian</b><br>Pol. Ferrini - Cagliari           | 2001 ITA | 6'12.2 | 12'39.7<br>6'27.5<br>39'01.7<br>6'42.5 | 19'12.5<br>6'32.8<br>45'54.2<br>6'52.5 | 25'41.6<br>6'29.1<br>52'49.2<br>6'55.0 | 32'19.2<br>6'37.6<br>59'49.7<br>7'00.5  | <b>1:06'56.8</b><br>7'07.1 |
| <b>JUM</b>  |  |          |        |  |  |  |   |                            |
| 1   | <b>PAZZOLA Emanuele Ottavio</b><br>Sport Full Time - Sassari | 2002 ITA | 5'41.4 | 11'29.3<br>5'47.9<br>34'57.6<br>5'58.5 | 17'17.9<br>5'48.6<br>40'56.7<br>5'59.1 | 23'06.8<br>5'48.9<br>46'57.3<br>6'00.6 | 28'59.1<br>5'52.3<br>52'55.9<br>5'58.6  | <b>58'55.7</b><br>5'59.8   |
| 2   | <b>NAVARRO Pablo Agustin</b><br>Esperia asd - Cagliari       | 2003 ITA | 5'55.9 | 11'57.9<br>6'02.0<br>36'31.0<br>6'13.2 | 18'02.6<br>6'04.7<br>42'42.2<br>6'11.2 | 24'09.9<br>6'07.3<br>48'56.6<br>6'14.4 | 30'17.8<br>6'07.9<br>55'14.0<br>6'17.4  | <b>1:01'25.0</b><br>6'11.0 |
| 3   | <b>RUGGERI Brian</b><br>Promogest Coop - Cagliari            | 2003 ITA | 5'44.8 | 11'40.4<br>5'55.6<br>36'05.7<br>6'11.6 | 17'40.6<br>6'00.2<br>42'24.2<br>6'18.5 | 23'47.4<br>6'06.8<br>48'50.2<br>6'26.0 | 29'54.1<br>6'06.7<br>55'33.5<br>6'43.3  | <b>1:02'38.2</b><br>7'04.7 |
| 4   | <b>PUZANOV Aaron Andrey</b><br>Acqua Sport ssd - Cagliari    | 2003 ITA | 5'49.2 | 11'55.8<br>6'06.6<br>37'16.1<br>6'27.1 | 18'06.4<br>6'10.6<br>43'46.7<br>6'30.6 | 24'25.5<br>6'19.1<br>50'17.0<br>6'30.3 | 30'49.0<br>6'23.5<br>56'45.4<br>6'28.4  | <b>1:03'08.0</b><br>6'22.6 |
| 5   | <b>SIAS Mattia</b><br>Atlantide ssd - Elmas                  | 2003 ITA | 5'46.5 | 11'48.0<br>6'01.5<br>37'21.4<br>6'19.0 | 17'56.6<br>6'08.6<br>43'40.8<br>6'19.4 | 24'23.3<br>6'26.7<br>50'49.6<br>7'08.8 | 31'02.4<br>6'39.1<br>57'29.2<br>6'39.6  | <b>1:05'38.8</b><br>8'09.6 |
| 6   | <b>OTTOMANO Edoardo</b><br>Pol. Ferrini - Cagliari           | 2003 ITA | 6'33.4 | 13'42.5<br>7'09.1<br>41'22.4<br>6'59.6 | 20'24.3<br>6'41.8<br>48'18.9<br>6'56.5 | 27'25.5<br>7'01.2<br>55'17.6<br>6'58.7 | 34'22.8<br>6'57.3<br>:02'08.6<br>6'51.0 | <b>1:08'50.4</b><br>6'41.8 |
| NON CLASSIFICATI<br><b>SPANU Riccardo</b>               |  | 2003 ITA |        | Esperia asd - Cagliari                 |  |  |   | <b>ASS</b>                 |

Publicata: 04/02/2020 ore 14:09