

CAMPIONATO REGIONALE DI FONDO INDOOR

Cagliari 14 gennaio 2024 - V. 50m

Risultati

POS	CR	COGNOME E NOME	ANNO	100m	200m	400m	500m	800m	1000m	1500 m	ARRIVO	Record
		SOCIETA'	NAZ		2000 m	2500 m	3000 m	3500 m	4000 m	4500 m		

14/01/2024

5000 m Stile Libero - ASSOLUTI FEMMINE

Serie 1

1	4	ARGIOLAS Beatrice	2007	1'09.8	2'23.4	4'53.2	6'08.2	9'51.2	12'20.3	18'36.0		
		Esperia asd - Cagliari	ITA		1'13.6	2'29.8	1'15.0	3'43.0	2'29.1	6'15.7		
					24'54.5	31'14.3	37'34.6	43'58.4	50'21.9	56'46.1	1:43'05.4	
					6'18.5	6'19.8	6'20.3	6'23.8	6'23.5	6'24.2	46'19.3	
2	5	SABA Giulia	2007	1'10.4	2'25.7	4'57.2	6'12.5	9'58.9	12'30.4	18'51.6		
		Acqua Sport ssd - Cagliari	ITA		1'15.3	2'31.5	1'15.3	3'46.4	2'31.5	6'21.2		
					25'13.9	31'40.5	38'10.1	44'36.9	51'04.8	57'34.5	1:44'00.5	
					6'22.3	6'26.6	6'29.6	6'26.8	6'27.9	6'29.7	46'26.0	
3	6	FANUNZA Camilla	2008	1'09.2	2'23.1	4'54.0	6'11.6	10'08.0	12'46.9	19'19.5		
		Promogest Coop - Cagliari	ITA		1'13.9	2'30.9	1'17.6	3'56.4	2'38.9	6'32.6		
					25'54.7	32'35.5	39'20.0	46'17.6	53'09.1	59'53.0	1:46'32.7	
					6'35.2	6'40.8	6'44.5	6'57.6	6'51.5	6'43.9	46'39.7	
4	2	ZUCCA Valeria	2006	1'11.5	2'27.4	5'00.1	6'17.1	10'11.2	12'47.5	19'21.1		
		All Together Coop.Soc.	ITA		1'15.9	2'32.7	1'17.0	3'54.1	2'36.3	6'33.6		
					26'00.0	32'41.9	39'27.6	46'19.8	53'12.3	59'56.7	1:46'42.2	
					6'38.9	6'41.9	6'45.7	6'52.2	6'52.5	6'44.4	46'45.5	
5	3	SANNA Margherita	2006	1'13.9	2'32.7	5'09.8	6'28.0	10'24.3	13'04.5	19'44.4		
		Esperia asd - Cagliari	ITA		1'18.8	2'37.1	1'18.2	3'56.3	2'40.2	6'39.9		
					26'25.7	33'12.6	39'59.7	46'48.1	53'39.9	:40'32.6	1:47'13.7	
					6'41.3	6'46.9	6'47.1	6'48.4	6'51.8	46'52.7	6'41.1	
6	8	DEPALMAS Giada	2009	1'12.7	2'29.0	5'04.1	6'22.0	10'19.7	12'59.1	19'44.8		
		Sport Full Time - Sassari	ITA		1'16.3	2'35.1	1'17.9	3'57.7	2'39.4	6'45.7		
					26'34.0	33'27.8	40'24.9	47'25.0	54'22.2	:41'13.3	1:47'47.9	
					6'49.2	6'53.8	6'57.1	7'00.1	6'57.2	46'51.1	6'34.6	
7	1	PERDA Martina	2009	1'16.8	2'38.6	5'22.4	6'43.0	10'42.9	13'22.8	20'06.2		
		ssd. Antares - Iglesias	ITA		1'21.8	2'43.8	1'20.6	3'59.9	2'39.9	6'43.4		
					26'57.5	33'54.0	40'54.8	47'55.3	55'00.4	:42'07.1	1:49'02.7	
					6'51.3	6'56.5	7'00.8	7'00.5	7'05.1	47'06.7	6'55.6	
8	7	PITZALIS Giulia	2009	1'12.5	2'30.3	5'08.5	6'28.2	10'29.4	13'12.4	20'02.0		
		Promogest Coop - Cagliari	ITA		1'17.8	2'38.2	1'19.7	4'01.2	2'43.0	6'49.6		
					26'56.0	33'52.6	40'50.1	48'00.4	55'14.3	:42'23.0	1:49'08.3	
					6'54.0	6'56.6	6'57.5	7'10.3	7'13.9	47'08.7	6'45.3	

Pubblicata: 17/01/2024 ore 16:42

Serie 2

1	7	DE SANTIS Carla	2008	1'06.2	2'18.9	4'45.4	5'58.6	9'38.2	12'05.0	18'15.3		
		Sport Full Time - Sassari	ITA		1'12.7	2'26.5	1'13.2	3'39.6	2'26.8	6'10.3		
					24'27.7	30'42.6	37'00.3	43'20.1	49'39.4	56'01.4	1:42'20.6	
					6'12.4	6'14.9	6'17.7	6'19.8	6'19.3	6'22.0	46'19.2	
2	6	CAMPUS Michela	2008	1'10.3	2'27.7	5'03.1	6'20.3	10'10.9	12'44.8	19'12.4		
		Sport Full Time - Sassari	ITA		1'17.4	2'35.4	1'17.2	3'50.6	2'33.9	6'27.6		
					33'31.7	40'03.6	46'36.5	53'17.0	:40'05.8	1:45'36.9		
					6'31.9	6'32.9	6'40.5	6'48.8	5'31.1			
3	5	TOSCHI PILO Maira	2008	1'12.2	2'30.8	5'08.4	6'27.8	10'27.2	13'06.5	19'45.3		
		Sport Full Time - Sassari	ITA		1'18.6	2'37.6	1'19.4	3'59.4	2'39.3	6'38.8		
					26'24.6	33'07.2	39'56.7	46'47.1	53'40.0	:40'33.2	1:47'18.3	
					6'39.3	6'42.6	6'49.5	6'50.4	6'52.9	46'53.2	6'45.1	
4	3	RICUPERATO Valentina	2007	1'10.2	2'29.4	5'10.7	6'32.2	10'39.4	13'24.6	20'14.2		
		Atlantide ssd - Elmas	ITA		1'19.2	2'41.3	1'21.5	4'07.2	2'45.2	6'49.6		
					27'15.1	34'21.0	41'30.9	48'49.1	56'11.4	:43'44.9	1:51'08.9	
					7'00.9	7'05.9	7'09.9	7'18.2	7'22.3	47'33.5	7'24.0	
5	2	LOI Martina	2009	1'12.6	2'34.9	5'20.7	6'42.9	10'54.3	13'41.8	20'40.5		
		Atlantide ssd - Elmas	ITA		1'22.3	2'45.8	1'22.2	4'11.4	2'47.5	6'58.7		
					27'50.4	35'09.0	42'36.9	49'55.9	57'25.5	:44'54.2	1:52'13.9	
					7'09.9	7'18.6	7'27.9	7'19.0	7'29.6	47'28.7	7'19.7	
6	1	FERRAI Martina	2008	1'12.4	2'35.3	5'22.9	6'47.1	11'02.3	13'52.2	21'02.7		
		Atlantide ssd - Elmas	ITA		1'22.9	2'47.6	1'24.2	4'15.2	2'49.9	7'10.5		
					28'23.6	35'51.9	43'13.8	50'36.5	58'09.0	:45'41.9	1:53'03.1	
					7'20.9	7'28.3	7'21.9	7'22.7	7'32.5	47'32.9	7'21.2	

NON CLASSIFICATI

4	VIRDIS Giorgia	2008	1'14.7	2'36.2	5'18.6	6'40.2	10'45.9	13'33.4	20'54.9		
	Atlantide ssd - Elmas	ITA		1'21.5	2'42.4	1'21.6	4'05.7	2'47.5	7'21.5		
				28'23.5							SQ
				7'28.6							

POS	CR	COGNOME	E	NOME	ANNO	ARRIVO	Record
		SOCIETA'			NAZ		

Pubblicata: 17/01/2024 ore 16:42

CAMPIONATO REGIONALE DI FONDO INDOOR

Cagliari 14 gennaio 2024 - V. 50m

Risultati

POS P IT COGNOME E NOME ANNO NAZ SOCIETA' BATT CRS POS ARRIVO PUNTI Record

14/01/2024

5000 m Stile Libero - ASSOLUTI FEMMINE

1	DE SANTIS Carla	2008	ITA	Sport Full Time - Sassari	2	7	1.	1:42'20.6
2	ARGIOLAS Beatrice	2007	ITA	Esperia asd - Cagliari	1	4	1.	1:43'05.4
3	SABA Giulia	2007	ITA	Acqua Sport ssd - Cagliari	1	5	2.	1:44'00.5
4	CAMPUS Michela	2008	ITA	Sport Full Time - Sassari	2	6	2.	1:45'36.9
5	FANUNZA Camilla	2008	ITA	Promogest Coop - Cagliari	1	6	3.	1:46'32.7
6	ZUCCA Valeria	2006	ITA	All Together Coop.Soc.	1	2	4.	1:46'42.2
7	SANNA Margherita	2006	ITA	Esperia asd - Cagliari	1	3	5.	1:47'13.7
8	TOSCHI PILO Maira	2008	ITA	Sport Full Time - Sassari	2	5	3.	1:47'18.3
9	DEPALMAS Giada	2009	ITA	Sport Full Time - Sassari	1	8	6.	1:47'47.9
10	PERDA Martina	2009	ITA	ssd. Antares - Iglesias	1	1	7.	1:49'02.7
11	PITZALIS Giulia	2009	ITA	Promogest Coop - Cagliari	1	7	8.	1:49'08.3
12	RICUPERATO Valentina	2007	ITA	Atlantide ssd - Elmas	2	3	4.	1:51'08.9
13	LOI Martina	2009	ITA	Atlantide ssd - Elmas	2	2	5.	1:52'13.9
14	FERRAI Martina	2008	ITA	Atlantide ssd - Elmas	2	1	6.	1:53'03.1

NON CLASSIFICATI

VIRDIS Giorgia	2008	ITA	Atlantide ssd - Elmas	2	4		SQ
----------------	------	-----	-----------------------	---	---	--	----

Pubblicata: 17/01/2024 ore 16:42

CAMPIONATO REGIONALE DI FONDO INDOOR

Cagliari 14 gennaio 2024 - V. 50m

Risultati

POS	CR	COGNOME E NOME	ANNO	100m	200m	400m	500m	800m	1000m	1500 m	ARRIVO	Record
		SOCIETA'	NAZ		2000 m	2500 m	3000 m	3500 m	4000 m	4500 m		

14/01/2024

5000 m Stile Libero - ASSOLUTI MASCHI

Serie 1

1	3	MARONGIU Giovanni	2005	1'03.4	2'10.3	4'25.3	5'33.5	8'55.8	11'10.5	16'46.6		
		Sport Full Time - Sassari	ITA		1'06.9	2'15.0	1'08.2	3'22.3	2'14.7	5'36.1		
					22'21.3	27'57.2	33'35.3	39'15.5	44'57.3	50'40.9	56'21.4	
					5'34.7	5'35.9	5'38.1	5'40.2	5'41.8	5'43.6	5'40.5	
2	1	LUGAS Matteo	2006	1'04.9	2'11.9	4'25.5	5'32.3	8'53.9	11'09.9	16'54.3		
		Esperia asd - Cagliari	ITA		1'07.0	2'13.6	1'06.8	3'21.6	2'16.0	5'44.4		
					22'45.4	28'34.9	34'22.7	40'14.4	46'08.4	52'03.7	57'52.5	
					5'51.1	5'49.5	5'47.8	5'51.7	5'54.0	5'55.3	5'48.8	
3	5	CELLI Alessandro	2005	1'07.9	2'18.0	4'39.2	5'49.9	9'23.3	11'45.4	17'44.1		
		Esperia asd - Cagliari	ITA		1'10.1	2'21.2	1'10.7	3'33.4	2'22.1	5'58.7		
					23'46.5	29'42.1	35'36.2	41'34.2	47'38.0	53'35.0	59'34.2	
					6'02.4	5'55.6	5'54.1	5'58.0	6'03.8	5'57.0	5'59.2	
4	2	PAZZOLA Emanuele Ottavio	2002	1'03.7	2'12.0	4'31.4	5'42.0	9'14.6	11'34.9	17'30.5		
		Sport Full Time - Sassari	ITA		1'08.3	2'19.4	1'10.6	3'32.6	2'20.3	5'55.6		
					23'29.1	29'33.0	35'37.1	41'44.9	47'52.9	54'02.5	1:40'06.8	
					5'58.6	6'03.9	6'04.1	6'07.8	6'08.0	6'09.6	46'04.3	
5	4	CABULA Francesco	2004	1'03.1	2'09.7	4'25.2	5'33.1	8'56.4	11'11.3	16'48.2		
		Acqua Sport ssd - Cagliari	ITA		1'06.6	2'15.5	1'07.9	3'23.3	2'14.9	5'36.9		
					22'43.1	28'50.0	35'09.6	41'09.5	47'41.5	54'33.3	1:41'03.0	
					5'54.9	6'06.9	6'19.6	5'59.9	6'32.0	6'51.8	46'29.7	
6	6	DESOGUS Matteo	2006	1'04.8	2'12.0	4'26.3	5'33.3	8'56.0	11'12.8	17'00.7		
		Acqua Sport ssd - Cagliari	ITA		1'07.2	2'14.3	1'07.0	3'22.7	2'16.8	5'47.9		
					22'53.0	29'41.1	36'33.0	43'19.3	50'09.2	56'50.2	1:43'36.7	
					5'52.3	6'48.1	6'51.9	6'46.3	6'49.9	6'41.0	46'46.5	
7	7	CAREDDA Thomas	2006	1'10.7	2'26.1	4'58.4	6'14.9	10'05.5	12'41.2	19'13.5		
		Acqua Sport ssd - Cagliari	ITA		1'15.4	2'32.3	1'16.5	3'50.6	2'35.7	6'32.3		
					25'44.4	32'16.7	38'52.5	45'23.0	51'57.0	58'33.6	1:45'06.7	
					6'30.9	6'32.3	6'35.8	6'30.5	6'34.0	6'36.6	46'33.1	

Pubblicata: 17/01/2024 ore 16:43

Serie 2

1	4	SERRA Michele	2007	1'03.7	2'11.6	4'27.2	5'35.1	9'01.1	11'19.1	17'05.0		
		Esperia asd - Cagliari	ITA		1'07.9	2'15.6	1'07.9	3'26.0	2'18.0	5'45.9		
					22'52.2	28'38.2	34'27.7	40'20.4	46'12.3	52'03.9	57'54.1	
					5'47.2	5'46.0	5'49.5	5'52.7	5'51.9	5'51.6	5'50.2	
2	6	CATTA Gabriele	2001	1'07.2	2'17.8	4'39.7	5'50.9	9'25.1	11'47.6	17'47.5		
		Esperia asd - Cagliari	ITA		1'10.6	2'21.9	1'11.2	3'34.2	2'22.5	5'59.9		
					23'46.8	29'46.7	35'50.5	41'54.7	47'55.8	53'56.0	59'55.3	
					5'59.3	5'59.9	6'03.8	6'04.2	6'01.1	6'00.2	5'59.3	
3	2	TUVERI Alessandro	2006	1'06.5	2'17.0	4'39.1	5'50.9	9'26.5	11'51.8	18'00.8		
		Esperia asd - Cagliari	ITA		1'10.5	2'22.1	1'11.8	3'35.6	2'25.3	6'09.0		
					24'10.2	30'27.7	36'49.4	43'01.1	49'15.7	55'36.6	1:42'00.3	
					6'09.4	6'17.5	6'21.7	6'11.7	6'14.6	6'20.9	46'23.7	
4	5	FRAU Giacomo	2006	1'07.7	2'20.2	4'49.5	6'04.4	9'50.9	12'22.2	18'44.3		
		Atlantide ssd - Elmas	ITA		1'12.5	2'29.3	1'14.9	3'46.5	2'31.3	6'22.1		
					25'08.5	31'38.4	38'05.1	44'38.6	51'10.9	57'45.2	1:44'03.9	
					6'24.2	6'29.9	6'26.7	6'33.5	6'32.3	6'34.3	46'18.7	
5	3	PODDIE Leonardo	2006	1'06.5	2'19.0	4'48.0	6'03.3	9'49.1	12'19.8	18'43.3		
		Atlantide ssd - Elmas	ITA		1'12.5	2'29.0	1'15.3	3'45.8	2'30.7	6'23.5		
					25'13.3	31'44.7	38'21.5	45'04.4	51'42.7	58'26.6	1:45'13.5	
					6'30.0	6'31.4	6'36.8	6'42.9	6'38.3	6'43.9	46'46.9	
6	1	RICUPERATO Gabriele	2005	1'11.7	2'29.3	5'07.5	6'25.8	10'19.0	12'56.6	19'30.7		
		Atlantide ssd - Elmas	ITA		1'17.6	2'38.2	1'18.3	3'53.2	2'37.6	6'34.1		
					26'10.0	31'57.6	38'11.5	44'52.7	51'42.1	58'29.4	1:45'19.6	
					6'39.3	5'47.6	6'13.9	6'41.2	6'49.4	6'47.3	46'50.2	

Pubblicata: 17/01/2024 ore 16:42

CAMPIONATO REGIONALE DI FONDO INDOOR

Cagliari 14 gennaio 2024 - V. 50m

Risultati

POS P IT COGNOME E NOME ANNO NAZ SOCIETA' BATT CRS POS ARRIVO PUNTI Record

14/01/2024

5000 m Stile Libero - ASSOLUTI MASCHI

1	MARONGIU Giovanni	2005	ITA	Sport Full Time - Sassari	1	3	1.	56'21.4
2	LUGAS Matteo	2006	ITA	Esperia asd - Cagliari	1	1	2.	57'52.5
3	SERRA Michele	2007	ITA	Esperia asd - Cagliari	2	4	1.	57'54.1
4	CELLI Alessandro	2005	ITA	Esperia asd - Cagliari	1	5	3.	59'34.2
5	CATTA Gabriele	2001	ITA	Esperia asd - Cagliari	2	6	2.	59'55.3
6	PAZZOLA Emanuele Ottavio	2002	ITA	Sport Full Time - Sassari	1	2	4.	1:40'06.8
7	CABULA Francesco	2004	ITA	Acqua Sport ssd - Cagliari	1	4	5.	1:41'03.0
8	TUVERI Alessandro	2006	ITA	Esperia asd - Cagliari	2	2	3.	1:42'00.3
9	DESOGUS Matteo	2006	ITA	Acqua Sport ssd - Cagliari	1	6	6.	1:43'36.7
10	FRAU Giacomo	2006	ITA	Atlantide ssd - Elmas	2	5	4.	1:44'03.9
11	CAREDDA Thomas	2006	ITA	Acqua Sport ssd - Cagliari	1	7	7.	1:45'06.7
12	PODDIE Leonardo	2006	ITA	Atlantide ssd - Elmas	2	3	5.	1:45'13.5
13	RICUPERATO Gabriele	2005	ITA	Atlantide ssd - Elmas	2	1	6.	1:45'19.6

Pubblicata: 17/01/2024 ore 16:43

Risultati

POS	CR	COGNOME E NOME SOCIETA'	ANNO	NAZ	100m	200m 1000m	400m 1500 m	500m 2000 m	800m 2500 m	ARRIVO
-----	----	----------------------------	------	-----	------	---------------	----------------	----------------	----------------	--------

14/01/2024 - 16:30

3000 m Stile Libero - RAGAZZI FEMMINE

Serie 1

1	3	PIRAS Silvia Esperia asd - Cagliari	2010	ITA	1'07.6	2'20.3 1'12.7 12'10.8	4'45.1 2'24.8 18'26.4	5'58.8 1'13.7 24'43.1	9'42.3 3'43.5 31'02.7	37'14.1 6'11.4
2	2	DEMONTIS Alice Esperia asd - Cagliari	2010	ITA	1'11.4	2'27.8 1'16.4 12'43.3	5'01.6 2'33.8 19'11.8	6'18.9 1'17.3 25'43.2	10'09.7 3'50.8 32'16.1	38'48.9 6'32.8
3	1	DEMASI Rebecca Esperia asd - Cagliari	2011	ITA	1'14.3	2'33.6 2'33.6 1'19.3 13'21.9	5'14.3 2'40.7 20'10.6	6'35.5 1'21.2 27'04.3	10'38.6 4'03.1 34'02.0	40'48.4 6'46.4
4	6	DALLERA Gaia Atlantide ssd - Elmas	2011	ITA	1'16.4	2'39.3 1'22.9 13'45.9	5'25.1 2'45.8 20'42.1	6'49.0 1'23.9 27'41.4	10'59.6 4'10.6 34'36.8	41'20.6 6'43.8
5	5	CAMBEDDA Nicole Atlantide ssd - Elmas	2010	ITA	1'13.4	2'35.9 1'22.5 13'44.5	5'23.3 2'47.4 20'43.6	6'46.9 1'23.6 27'46.7	10'57.5 4'10.6 34'44.8	41'36.3 6'51.5
6	4	BALLOI Alice Atlantide ssd - Elmas	2011	ITA	1'15.2	2'36.2 1'21.0 13'42.5	5'22.0 2'45.8 20'43.5	6'45.0 1'23.0 27'47.3	10'54.2 4'09.2 35'03.8	42'03.6 6'59.8
7	8	MELAS Marta Atlantide ssd - Elmas	2011	ITA	1'19.3	2'45.0 1'25.7 14'42.2	5'38.5 2'53.5 22'25.2	7'07.2 1'28.7 30'04.3	11'40.3 4'33.1 37'41.3	45'03.0 7'21.7
8	7	MARCIA Benedetta Atlantide ssd - Elmas	2011	ITA	1'20.4	2'50.3 1'29.9 15'10.1 3'07.4	11'07.2 8'16.9 23'05.0 7'54.9	7'39.1 31'05.1 8'00.1	7'37.0 39'11.5 8'06.4	47'03.6 7'52.1

Pubblicata: 17/01/2024 ore 16:42

Serie 2

1	5	MASTROIACO Alessia Atlantide ssd - Elmas	2011	ITA	1'13.6	2'34.1 1'20.5 13'30.7	5'14.8 2'40.7 20'32.3	6'35.9 1'21.1 27'35.9	10'42.9 4'07.0 34'34.4	41'21.3 6'46.9
2	6	SUSINO Aurora Atlantide ssd - Elmas	2011	ITA	1'14.1	2'47.8 2'34.8 1'20.7 13'31.7	7'01.6 5'16.5 2'41.7 20'32.7	7'03.6 6'38.4 1'21.9 27'35.5	6'58.5 10'44.2 4'05.8 34'34.5	41'21.4 6'46.9
3	1	MEDDA Letizia Esperia asd - Cagliari	2011	ITA	1'18.6	2'41.5 1'22.9 13'48.8	5'27.5 2'46.0 20'49.3	6'50.4 1'22.9 27'54.0	11'00.7 4'10.3 34'57.8	41'56.8 6'59.0
4	2	IMPAGLIAZZO Ginevra Esperia asd - Cagliari	2011	ITA	1'18.2	2'42.0 1'23.8 14'03.6	5'31.2 2'49.2 21'06.5	6'57.6 1'26.4 28'11.6	11'11.4 4'13.8 35'18.6	42'21.2 7'02.6
5	3	AMBU Benedetta Atlantide ssd - Elmas	2010	ITA	1'17.9	2'41.9 1'24.0 14'00.7	5'29.9 2'48.0 21'14.1	6'52.7 1'22.8 28'24.3	11'09.0 4'16.3 35'34.2	42'31.8 6'57.6
6	4	TOSELLI Morgana Atlantide ssd - Elmas	2010	ITA	1'18.5	2'41.7 1'23.2 14'23.4	5'31.8 2'50.1 21'49.2	6'59.5 1'27.7 29'20.4	11'25.5 4'26.0 36'53.3	44'06.3 7'13.0
7	7	PORCU Maria Vanessa Atlantide ssd - Elmas	2011	ITA	1'14.7	2'38.9 1'24.2 14'21.8 2'57.1	5'30.5 2'51.6 21'47.9 7'26.1	6'59.1 1'28.6 29'30.6 7'42.7	11'24.7 4'25.6 37'10.6 7'40.0	44'32.9 7'22.3

POS	CR	COGNOME E NOME	ANNO NAZ							ARRIVO
SOCIETA'										
8	8	DEMURO Noela	2010	ITA	1'24.7	2'56.0	6'00.4	7'32.4	12'06.6	
Aquatic team freedom ssd srl						1'31.3	3'04.4	1'32.0	4'34.2	
						15'11.6	22'55.2	30'40.5	38'26.9	46'02.9
						3'05.0	7'43.6	7'45.3	7'46.4	7'36.0
Pubblicata: 17/01/2024 ore 16:42										
Serie 3										
1	4	ELISEI Sofia	2010	ITA	1'14.1	2'29.4	5'02.8	6'19.9	10'10.2	
Sport Full Time - Sassari						1'15.3	2'33.4	1'17.1	3'50.3	
						12'44.1	19'09.7	25'40.9	32'11.0	38'37.9
						2'33.9	6'25.6	6'31.2	6'30.1	6'26.9
2	5	FADDA Federica	2011	ITA	1'18.8	2'40.6	5'26.0	6'50.2	10'57.0	
Sport Full Time - Sassari						1'21.8	2'45.4	1'24.2	4'06.8	
						13'41.9	20'34.3	27'32.0	34'32.1	41'22.5
						2'44.9	6'52.4	6'57.7	7'00.1	6'50.4
3	6	SEDDA Nadia Maria	2010	ITA		2'36.4	5'19.2	6'40.3	10'47.0	
Atlantide ssd - Elmas							2'42.8	1'21.1	4'06.7	
						13'31.8	20'26.9	27'27.0	34'39.1	41'45.0
						2'44.8	6'55.1	7'00.1	7'12.1	7'05.9
Pubblicata: 17/01/2024 ore 16:42										

CAMPIONATO REGIONALE DI FONDO INDOOR

Cagliari 14 gennaio 2024 - V. 50m

Risultati

POS P IT COGNOME E NOME ANNO NAZ SOCIETA' BATT CRS POS ARRIVO PUNTI Record

14/01/2024 - 16:30

3000 m Stile Libero - RAGAZZI FEMMINE

1	PIRAS Silvia	2010	ITA	Esperia asd - Cagliari	1	3	1.	37'14.1
2	ELISEI Sofia	2010	ITA	Sport Full Time - Sassari	3	4	1.	38'37.9
3	DEMONTIS Alice	2010	ITA	Esperia asd - Cagliari	1	2	2.	38'48.9
4	DEMASI Rebecca	2011	ITA	Esperia asd - Cagliari	1	1	3.	40'48.4
5	DALLERA Gaia	2011	ITA	Atlantide ssd - Elmas	1	6	4.	41'20.6
6	MASTROIACO Alessia	2011	ITA	Atlantide ssd - Elmas	2	5	1.	41'21.3
7	SUSINO Aurora	2011	ITA	Atlantide ssd - Elmas	2	6	2.	41'21.4
8	FADDA Federica	2011	ITA	Sport Full Time - Sassari	3	5	2.	41'22.5
9	CAMBEDDA Nicole	2010	ITA	Atlantide ssd - Elmas	1	5	5.	41'36.3
10	SEDDA Nadia Maria	2010	ITA	Atlantide ssd - Elmas	3	6	3.	41'45.0
11	MEDDA Letizia	2011	ITA	Esperia asd - Cagliari	2	1	3.	41'56.8
12	BALLOI Alice	2011	ITA	Atlantide ssd - Elmas	1	4	6.	42'03.6
13	IMPAGLIAZZO Ginevra	2011	ITA	Esperia asd - Cagliari	2	2	4.	42'21.2
14	AMBU Benedetta	2010	ITA	Atlantide ssd - Elmas	2	3	5.	42'31.8
15	TOSELLI Morgana	2010	ITA	Atlantide ssd - Elmas	2	4	6.	44'06.3
16	PORCU Maria Vanessa	2011	ITA	Atlantide ssd - Elmas	2	7	7.	44'32.9
17	MELAS Marta	2011	ITA	Atlantide ssd - Elmas	1	8	7.	45'03.0
18	DEMURO Noela	2010	ITA	Aquatic team freedom ssd srl	2	8	8.	46'02.9
19	MARCIA Benedetta	2011	ITA	Atlantide ssd - Elmas	1	7	8.	47'03.6

Pubblicata: 17/01/2024 ore 16:42

Risultati

POS	CR	COGNOME E NOME SOCIETA'	ANNO	NAZ	100m	200m 1000m	400m 1500 m	500m 2000 m	800m 2500 m	ARRIVO
14/01/2024					3000 m Stile Libero - RAGAZZI MASCHI					
					Serie 1					
1	2	IANNUZZELLI Andrea Acqua Sport ssd - Cagliari	2008	ITA	1'04.4	2'13.0 1'08.6 11'32.2	4'30.9 2'17.9 17'22.8	5'40.7 1'09.8 23'17.1	9'10.2 3'29.5 29'12.6	35'04.7 5'52.1
2	1	RIVANO Mirko Acqua Sport ssd - Cagliari	2008	ITA	1'04.9	2'22.0 2'14.5 1'09.6 11'43.7	5'50.6 4'34.5 2'20.0 17'51.6	5'54.3 5'45.4 1'10.9 24'06.0	5'55.5 9'19.0 3'33.6 30'22.8	36'33.6 6'10.8
3	3	MONNIS Maurizio Esperia asd - Cagliari	2010	ITA	1'07.6	2'24.7 2'19.0 1'11.4 12'00.8	6'07.9 4'42.9 2'23.9 18'11.6	6'14.4 5'54.5 1'11.6 24'24.0	6'16.8 9'32.5 3'38.0 30'34.1	36'36.9 6'02.8
4	6	SERRA Giacomo Esperia asd - Cagliari	2009	ITA	1'10.8	2'28.3 2'26.1 1'15.3 12'28.0	6'10.8 4'57.0 2'30.9 18'44.1	6'12.4 6'10.8 1'13.8 25'05.1	6'10.1 9'56.3 3'45.5 31'25.1	37'47.2 6'22.1
5	7	PULINA Riccardo Sport Full Time - Sassari	2008	ITA	1'11.8	2'31.7 2'28.3 1'16.5 12'37.4	6'16.1 5'00.6 2'32.3 18'53.8	6'21.0 6'16.7 1'16.1 25'09.3	6'20.0 10'04.6 3'47.9 31'30.2	37'58.5 6'28.3
6	5	MULLIRI Cristian Atlantide ssd - Elmas	2008	ITA	1'06.7	2'32.8 2'19.5 1'12.8 12'21.9	6'16.4 4'49.4 2'29.9 18'45.8	6'15.5 6'03.6 1'14.2 25'25.4	6'20.9 9'49.6 3'46.0 32'12.4	38'45.6 6'33.2
7	4	SQUARZONI Mattia Atlantide ssd - Elmas	2008	ITA	1'09.3	2'32.3 2'26.1 1'16.8 12'52.3	6'23.9 5'02.9 2'36.8 19'26.1	6'39.6 6'21.3 1'18.4 25'58.2	6'47.0 10'16.4 3'55.1 32'29.0	38'59.8 6'30.8
8	8	CORRIAS Lorenzo Promogest Coop - Cagliari	2009	ITA		2'35.9 2'27.3 2'35.0 12'49.4 2'35.1	6'33.8 5'02.3 2'35.0 19'20.7 6'31.3	6'32.1 6'21.0 1'18.7 25'55.8 6'35.1	6'30.8 10'14.3 3'53.3 32'32.8 6'37.0	39'03.8 6'31.0
Pubblicata: 17/01/2024 ore 16:42					Serie 2					
1	1	COSSA Matteo Acqua Sport ssd - Cagliari	2008	ITA	1'09.4	2'23.4 1'14.0 12'17.1	4'53.0 2'29.6 18'31.5	6'07.5 1'14.5 24'49.6	9'49.7 3'42.2 31'07.7	37'24.2 6'16.5
2	2	AIELLO Luigi Esperia asd - Cagliari	2010	ITA	1'12.7	2'27.4 2'29.8 1'17.1 12'38.4	6'14.4 5'01.8 2'32.0 19'02.5	6'18.1 6'15.9 1'14.1 25'23.7	6'18.1 10'06.0 3'50.1 31'44.5	37'55.1 6'10.6
3	6	MELIS Diego Atlantide ssd - Elmas	2010	ITA	1'11.0	2'32.4 2'27.1 1'16.1 14'13.4	6'24.1 5'02.1 2'35.0 20'52.5	6'21.2 6'20.4 1'18.3 27'37.9	6'20.8 10'19.3 3'58.9 34'28.1	39'53.6 5'25.5
4	3	PEDEMONTE Andrea Esperia asd - Cagliari	2010	ITA	1'13.7	3'54.1 2'31.2 1'17.5 13'07.1	6'39.1 5'08.2 2'37.0 19'56.2	6'45.4 6'27.7 1'19.5 26'42.4	6'50.2 10'28.7 4'01.0 33'27.2	40'00.9 6'33.7
5	5	PISU Mirko Atlantide ssd - Elmas	2010	ITA	1'14.4	2'38.4 2'34.6 1'20.2 13'31.1	6'49.1 5'17.2 2'42.6 20'29.4	6'46.2 6'38.5 1'21.3 27'24.6	6'44.8 10'45.0 4'06.5 34'06.6	40'31.7 6'25.1
6	7	SANNINO Francesco Aquatic team freedom ssd srl	2009	ITA	1'14.0	2'46.1 2'34.6 1'20.6 13'40.8	6'58.3 5'19.1 2'44.5 20'44.2	6'55.2 6'41.3 1'22.2 27'48.5	6'42.0 10'52.7 4'11.4 34'56.2	41'56.1 6'59.9
7	4	DE MARTIS Luca Atlantide ssd - Elmas	2009	ITA	1'14.1	2'48.1 2'34.0 1'19.9 13'40.2 2'49.9	7'03.4 5'18.9 2'44.9 20'45.3 7'05.1	7'04.3 6'41.6 1'22.7 27'55.5 7'10.2	7'07.7 10'50.3 4'08.7 35'06.0 7'10.5	42'04.3 6'58.3

Pubblicata: 17/01/2024 ore 16:42

CAMPIONATO REGIONALE DI FONDO INDOOR

Cagliari 14 gennaio 2024 - V. 50m

Risultati

POS P IT COGNOME E NOME ANNO NAZ SOCIETA' BATT CRS POS ARRIVO PUNTI Record

14/01/2024

3000 m Stile Libero - RAGAZZI MASCHI

1	IANNUZZELLI Andrea	2008	ITA	Acqua Sport ssd - Cagliari	1	2	1.	35'04.7
2	RIVANO Mirko	2008	ITA	Acqua Sport ssd - Cagliari	1	1	2.	36'33.6
3	MONNIS Maurizio	2010	ITA	Esperia asd - Cagliari	1	3	3.	36'36.9
4	COSSA Matteo	2008	ITA	Acqua Sport ssd - Cagliari	2	1	1.	37'24.2
5	SERRA Giacomo	2009	ITA	Esperia asd - Cagliari	1	6	4.	37'47.2
6	AIELLO Luigi	2010	ITA	Esperia asd - Cagliari	2	2	2.	37'55.1
7	PULINA Riccardo	2008	ITA	Sport Full Time - Sassari	1	7	5.	37'58.5
8	MULLIRI Cristian	2008	ITA	Atlantide ssd - Elmas	1	5	6.	38'45.6
9	SQUARZONI Mattia	2008	ITA	Atlantide ssd - Elmas	1	4	7.	38'59.8
10	CORRIAS Lorenzo	2009	ITA	Promogest Coop - Cagliari	1	8	8.	39'03.8
11	MELIS Diego	2010	ITA	Atlantide ssd - Elmas	2	6	3.	39'53.6
12	PEDEMONTE Andrea	2010	ITA	Esperia asd - Cagliari	2	3	4.	40'00.9
13	PISU Mirko	2010	ITA	Atlantide ssd - Elmas	2	5	5.	40'31.7
14	SANNINO Francesco	2009	ITA	Aquatic team freedom ssd srl	2	7	6.	41'56.1
15	DE MARTIS Luca	2009	ITA	Atlantide ssd - Elmas	2	4	7.	42'04.3

NON CLASSIFICATI

PITZANTI Lorenzo	2010	ITA	Atlantide ssd - Elmas	A	ASS
------------------	------	-----	-----------------------	---	-----

Pubblicata: 17/01/2024 ore 16:42